

Résultats La Mère Denis, Barneville-Carteret (50), Samedi 9 juillet 2016

Résultats téléchargés sur <http://www.normandiecourseapied.com>

| Résultats individuels : 12 km | | | | | |
|-------------------------------|--------------------|----------|------|---|----|
| 1 | BOURDET Patrick | 47'27" | V2M/ | As Tourlaville | 1 |
| 2 | MONTIGNY Arnaud | 48'03" | SEM/ | Athletisme Marais Carentan | 1 |
| 3 | DESMONTS Ludovic | 48'37" | SEM/ | | 2 |
| 4 | MAHIEUX Antoine | 49'09" | SEM/ | | 3 |
| 5 | MAUGER Antoine | 50'01" | SEM/ | Manche Acs - S/I Club Sportif Carentanais | 4 |
| 6 | DEGROULT Jeremy | 50'48" | SEM/ | As Tourlaville | 5 |
| 7 | ROUSSEL Jeremy | 50'55" | SEM/ | | 6 |
| 8 | LEDANOIS Thibault | 51'20" | SEM/ | Issy triathlon | 7 |
| 9 | POISSON Sebastien | 51'39" | V1M/ | Coutances Triathlon | 1 |
| 10 | COCHET Jerome | 52'57" | V1M/ | | 2 |
| 11 | LEBRETON Yoann | 53'19" | V1M/ | CE DCNS | 3 |
| 12 | SEMERIL Jacques | 53'32" | V1M/ | Gdm Saint-james | 4 |
| 13 | SIARD Anais | 53'58" | SEF/ | As Tourlaville | 1 |
| 14 | GUYADER Killian | 54'35" | JUM/ | | 1 |
| 15 | GODEFROY Vincent | 54'37" | V1M/ | | 5 |
| 16 | LEPARQUIER Benoit | 54'57" | SEM/ | Stade Saint-lo | 8 |
| 17 | MARIE Anthony | 55'46" | V1M/ | Stade Saint-lo | 6 |
| 18 | HELAINÉ Norbert | 55'52" | V3M/ | | 1 |
| 19 | LEPELTIER Thomas | 56'29" | SEM/ | | 9 |
| 20 | BOURGET Regis | 56'30" | V1M/ | EDF Flamanville | 7 |
| 21 | LAGOUCHE Ludovic | 56'38" | SEM/ | | 10 |
| 22 | ALMY Jerome | 56'52" | SEM/ | | 11 |
| 23 | LEPLUMEY Anthony | 56'56" | V1M/ | | 8 |
| 24 | DALEBROUX Vicent | 57'04" | V1M/ | | 9 |
| 25 | COMMEYRAS Romain | 57'27" | CAM/ | | 1 |
| 26 | FAUST Maxime | 57'39" | ESM/ | | 1 |
| 27 | BARRAUD Jeremy | 57'51" | SEM/ | EDF Flamanville | 12 |
| 28 | GODEFROY Fabrice | 57'53" | V1M/ | Athletisme Marais Carentan | 10 |
| 29 | VIARD Axel | 58'06" | SEM/ | Les Loups de Moyon | 13 |
| 30 | TOURAINÉ Nicolas | 58'40" | SEM/ | | 14 |
| 31 | TENDRON Christophe | 58'41" | V2M/ | | 2 |
| 32 | REVEL Mickael | 58'59" | SEM/ | As Tourlaville | 15 |
| 33 | GUIFFARD Philippe | 59'06" | V1M/ | Manche Acs - S/I Club Sportif Carentanais | 11 |
| 34 | GRAMONT Erwan | 59'16" | ESM/ | Les Loups de Moyon | 2 |
| 35 | QUETTIER Benoit | 59'49" | SEM/ | Eacq - S/I As Querqueville | 16 |
| 36 | MENARD Sebastien | 59'54" | V1M/ | | 12 |
| 37 | OMONT Thierry | 59'55" | V1M/ | Amicale Bowling Cherbourg | 13 |
| 38 | LEUREUIL Benjamin | 1h01'40" | SEM/ | | 17 |

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|----|--------------------------|----------|--------|---|----|
| 39 | AUGEARD Frederic | 1h01'51" | SEM/ | | 18 |
| 40 | PERAUDEAU David | 1h01'56" | V1M/ | | 14 |
| 41 | GERARD Angelina | 1h01'57" | SEF/ | | 2 |
| 42 | DESAUTES Laurent | 1h02'02" | V2M/ | | 3 |
| 43 | QUIGNETTE Elouan | 1h02'28" | CAM/ | | 2 |
| 44 | GRU Laurent | 1h02'36" | V2M/ | Flers-conde Sur Noireau Athle* | 4 |
| 45 | KERLEAU Rodrigue | 1h02'44" | SEM/ | Stop corrida | 19 |
| 46 | SALDANA Amandine | 1h03'09" | SEF/ | | 3 |
| 47 | BERTON Cyril | 1h03'10" | SEM/ | Tos Triathlon | 20 |
| 48 | HERENG Frederic | 1h03'22" | V2M/ | | 5 |
| 49 | LANIEPCE Pascal | 1h03'37" | SEM/ | CE DCNS | 21 |
| 50 | MALOISEL Stephane | 1h03'41" | V1M/ | | 15 |
| 51 | GOSSELIN Karine | 1h03'56" | V1F/ | | 1 |
| 52 | FRIGOUT Quentin | 1h04'02" | CAM/ | | 3 |
| 53 | LE GOUBIN Simon | 1h04'06" | SEM/ | | 22 |
| 54 | LAFAYE Maxence | 1h04'07" | CAM/ | | 4 |
| 55 | EUSTACHE Thomas | 1h04'09" | SEM/ | | 23 |
| 56 | FAUVEL Jerome | 1h04'15" | V1M/ | | 16 |
| 57 | GIOT Stephane | 1h04'29" | V1M/ | | 17 |
| 58 | DEGRANDEL Yann | 1h04'33" | SEM/ | | 24 |
| 59 | BEAUCHET Nicolas | 1h04'59" | SEM/ | Cherbourg Triathlon | 25 |
| 60 | VOISIN Sebastien | 1h05'01" | V1M/ | Amicale Bowling Cherbourg | 18 |
| 61 | PIERSON Alexandre | 1h05'05" | SEM/ | | 26 |
| 62 | AUVRAY Emmanuel | 1h05'10" | V1M/ | | 19 |
| 63 | AUMONT David | 1h05'12" | SEM/ | Es Quettetot | 27 |
| 64 | DENIS Nicolas | 1h05'15" | SEM/ | CE DCNS | 28 |
| 65 | LELONG Yohann | 1h05'16" | SEM/ | | 29 |
| 66 | SAVARY Felicie | 1h05'18" | ESF/ | Manche Acs - S/I Club Sportif Carentanais | 1 |
| 67 | QUETILLE Simon | 1h05'27" | SEM/ | | 30 |
| 68 | VIOLETTE Didier | 1h05'31" | V1M/ | | 20 |
| 69 | LERICHE-MESTAIS Emmanuel | 1h05'36" | SEM/ | Plumaugat Athletisme | 31 |
| 70 | QUIGNETTE Stephane | 1h05'42" | V1M/ | | 21 |
| 71 | LEVAVASSEUR Lilian | 1h05'50" | V1M/ | | 22 |
| 72 | TERRY Willy | 1h05'59" | SEM/ | C. D'athletisme Conde-torigni | 32 |
| 73 | ROCHARD Guillaume | 1h06'09" | V1M/ | | 23 |
| 74 | FAUVEL Franck | 1h06'18" | SEM/ | | 33 |
| 75 | AUMONT Antoine | 1h06'22" | SEM/ | | 34 |
| 76 | DEMEAUTIS Marcel | 1h06'26" | V2M/ | | 6 |
| 77 | THOMAS Samuel | 1h06'30" | SEM/ | Pompiers Coutances | 35 |
| 78 | HEROUET Arnaud | 1h06'36" | SEM/ | Pompiers Coutances | 36 |
| 79 | FRERET Johann | 1h06'44" | SEM/ | | 37 |
| 80 | NICOLLE Sandrine | 1h06'54" | V1F/ | Amicale Bowling Cherbourg | 2 |
| 81 | CHAPRON Sabrina | 1h06'56" | 1980F/ | | 1 |
| 82 | AVOINE Jacky | 1h07'03" | V1M/ | | 24 |
| 83 | CAUCHON Arnaud | 1h07'09" | V1M/ | | 25 |

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|-----|---------------------|----------|------|--------------------------------|----|
| 84 | FOURNIER Olivier | 1h07'11" | V1M/ | La Valognaise Athletisme | 26 |
| 85 | ADAM Severine | 1h07'30" | V1F/ | O Training | 3 |
| 86 | ROULLAND Sebastien | 1h07'35" | V1M/ | CE DCNS | 27 |
| 87 | MOUCHEL Philippe | 1h07'43" | V1M/ | | 28 |
| 88 | CHEVALIER Thomas | 1h08'05" | SEM/ | | 38 |
| 89 | LEGUERRIEZ Julien | 1h08'08" | ESM/ | | 3 |
| 90 | DAIREAUX Maxime | 1h08'16" | SEM/ | | 39 |
| 91 | GOUBERT Ludovic | 1h08'21" | SEM/ | | 40 |
| 92 | DUBOIS Thierry | 1h08'44" | V1M/ | Course nature a Laignelet | 29 |
| 93 | BONDIS Thierry | 1h08'45" | V2M/ | Flers-conde Sur Noireau Athle* | 7 |
| 94 | SCELLES Eric | 1h08'47" | V1M/ | | 30 |
| 95 | LEPLEY Ludovic | 1h08'51" | SEM/ | | 41 |
| 96 | BOUGAUT Lea | 1h08'55" | SEF/ | Les Loups de Moyon | 4 |
| 97 | NOEL Elodie | 1h09'01" | SEF/ | Les Loups de Moyon | 5 |
| 98 | LESAGE Willy | 1h09'08" | V1M/ | Les Loups de Moyon | 31 |
| 99 | LE FEVRE Guillaume | 1h09'09" | ESM/ | | 4 |
| 100 | LEMAITRE Gerard | 1h09'10" | V2M/ | | 8 |
| 101 | SORIN Maxime | 1h09'33" | SEM/ | | 42 |
| 102 | FOUQUET Sylvain | 1h09'39" | V1M/ | | 32 |
| 103 | LETRECHER Yann | 1h09'40" | SEM/ | | 43 |
| 104 | LE DELIOU Gael | 1h09'43" | SEM/ | Courir ensemble cote des isles | 44 |
| 105 | LAMACHE Jean Yves | 1h09'48" | V2M/ | | 9 |
| 106 | CHALLE Bernier | 1h09'55" | SEM/ | | 45 |
| 107 | HAMEL Nicolas | 1h09'58" | V1M/ | As Tourlaville | 33 |
| 108 | POUHIER Nicolas | 1h10'07" | SEM/ | | 46 |
| 109 | HOLTZ Stephane | 1h10'14" | V1M/ | | 34 |
| 110 | MARIVIN Jean Claude | 1h10'32" | V2M/ | | 10 |
| 111 | BODIN Dominique | 1h10'46" | V1M/ | Eacq - S/I As Querqueville | 35 |
| 112 | LUCAS Christophe | 1h10'48" | V1M/ | | 36 |
| 113 | DE NEF Fabrice | 1h10'50" | V1M/ | | 37 |
| 114 | BOSQUET Gregory | 1h11'00" | SEM/ | | 47 |
| 115 | MEDARD Jimmy | 1h11'08" | V1M/ | | 38 |
| 116 | GILBERT Christophe | 1h11'23" | V1M/ | | 39 |
| 117 | LAMACHE Floriane | 1h11'28" | SEF/ | As Tourlaville | 6 |
| 118 | LE CORRE Robin | 1h11'30" | SEM/ | Eacq - S/I As Querqueville | 48 |
| 119 | LE CORRE Guillaume | 1h11'31" | ESM/ | | 5 |
| 120 | LANGVIN Corinne | 1h11'49" | V1F/ | | 4 |
| 121 | VACHERON Laurent | 1h11'52" | V2M/ | Les Sirenes de l'ile pelée | 11 |
| 122 | MARIE Fabien | 1h11'53" | SEM/ | | 49 |
| 123 | PEREE Didier | 1h11'56" | V2M/ | | 12 |
| 124 | VIEL Christophe | 1h12'17" | V1M/ | | 40 |
| 125 | DEBRIX Noel | 1h12'28" | V2M/ | | 13 |
| 126 | BUHOT Quentin | 1h12'52" | SEM/ | | 50 |
| 127 | MEHMETAJ Damon | 1h12'54" | SEM/ | | 51 |
| 128 | AUBRY Karine | 1h12'55" | V1F/ | | 5 |

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|-----|--------------------------|----------|------|----------------------------|----|
| 129 | BIHEL Pascal | 1h12'58" | V2M/ | | 14 |
| 130 | FLEURY Corinne | 1h12'59" | V1F/ | | 6 |
| 131 | LANGLOIS Romain | 1h12'59" | V1M/ | | 41 |
| 132 | BATAIL Guillaume | 1h13'03" | SEM/ | | 52 |
| 133 | LEJAMTEL Guillaume | 1h13'05" | SEM/ | | 53 |
| 134 | WILLIAMS Simon | 1h13'07" | V1M/ | | 42 |
| 135 | MARIN Antoine | 1h13'09" | SEM/ | | 54 |
| 136 | LECONTE Fabienne | 1h13'24" | V1F/ | | 7 |
| 137 | DUPONT Olivier | 1h13'35" | V1M/ | CE DCNS | 43 |
| 138 | VIEL Andre Paul | 1h13'36" | V2M/ | | 15 |
| 139 | STEFANI Sebastien | 1h13'56" | V1M/ | | 44 |
| 140 | CARVILLE Remi | 1h14'01" | SEM/ | | 55 |
| 141 | GAVEAU Loic | 1h14'50" | V1M/ | Eacq - S/I As Querqueville | 45 |
| 142 | ENGUEHARD Guillaume | 1h14'51" | V2M/ | | 16 |
| 143 | DUNY Jean Yves | 1h14'53" | V1M/ | | 46 |
| 144 | GARDIE Cedric | 1h14'57" | SEM/ | | 56 |
| 145 | VIEL Maxime | 1h15'06" | SEM/ | | 57 |
| 146 | MARIMPOUY Emilien | 1h15'17" | SEM/ | | 58 |
| 147 | BAZIRE Baptiste | 1h15'22" | SEM/ | | 59 |
| 148 | DELOZIER AMIARD Anthony | 1h15'28" | V1M/ | | 47 |
| 149 | DAUMALLE Marie | 1h15'31" | SEF/ | | 7 |
| 150 | JUD Audrey | 1h15'32" | SEF/ | | 8 |
| 151 | MOISANT Guillaume | 1h15'34" | SEM/ | | 60 |
| 152 | YSSEMBOURG Carole | 1h15'38" | V1F/ | | 8 |
| 153 | BIHEL Luc | 1h15'45" | V2M/ | | 17 |
| 154 | BELLENGER Antoine | 1h15'53" | MIM/ | | 1 |
| 155 | DA SILVA GUEDES Patricia | 1h16'06" | V3F/ | Amicale Bowling Cherbourg | 1 |
| 156 | LESSIEU Sylvie | 1h16'16" | V2F/ | Lc Bretteville Sur Odon | 1 |
| 157 | JOUCLARD Olivier | 1h16'29" | V2M/ | | 18 |
| 158 | PAIN Pierre | 1h16'34" | V4M/ | Les Agnelets | 1 |
| 159 | MORIN Antoine | 1h16'38" | V1M/ | | 48 |
| 160 | MORIN Christian | 1h16'41" | V3M/ | | 2 |
| 161 | LEVEZIEL David | 1h16'42" | SEM/ | | 61 |
| 162 | LEBREDONCHEL Thomas | 1h16'42" | V1M/ | | 49 |
| 163 | DAIREAU Patrick | 1h16'43" | V1M/ | CE DCNS | 50 |
| 164 | JACQUIN Jerome | 1h16'51" | SEM/ | | 62 |
| 165 | FOUGUES Frederic | 1h16'55" | V1M/ | | 51 |
| 166 | GAVEAU Laure | 1h17'15" | V1F/ | Eacq - S/I As Querqueville | 9 |
| 167 | LELONG Helene | 1h17'18" | V1F/ | Running Cherbourg | 10 |
| 168 | LEFOYE Laurent | 1h17'23" | V1M/ | Running Cherbourg | 52 |
| 169 | STEFANI Jeanne | 1h17'24" | V1F/ | | 11 |
| 170 | HARDOUIN Leslie | 1h17'38" | SEF/ | | 9 |
| 171 | ERHEL Melanie | 1h17'39" | SEF/ | | 10 |
| 172 | LE MOUELLIC Guillaume | 1h17'45" | V1M/ | | 53 |
| 173 | MOUCHEL Teddy | 1h17'47" | SEM/ | | 63 |

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|-----|---------------------------|----------|------|---|----|
| 174 | FEREY Guillaume | 1h17'49" | SEM/ | | 64 |
| 175 | FEREY Guillaume | 1h17'56" | V1M/ | | 54 |
| 176 | VERNEAU Sidonie | 1h18'09" | ESF/ | | 2 |
| 177 | GASPARD Romuald | 1h18'12" | V1M/ | Cherbourg Triathlon | 55 |
| 178 | BOURGET Murielle | 1h18'16" | V2F/ | Eacq - S/I As Querqueville | 2 |
| 179 | VERNEAU Alain | 1h18'20" | V2M/ | | 19 |
| 180 | QUINQUENEL Christine | 1h18'23" | V3F/ | Les Agnelets | 2 |
| 181 | LEGRET Nathalie | 1h18'25" | V1F/ | Manche Acs - S/I Club Sportif Carentanais | 12 |
| 182 | CHAZAL Marion | 1h18'26" | SEF/ | | 11 |
| 183 | DUREL Marie Albane | 1h18'28" | V1F/ | | 13 |
| 184 | DUFEU Michel | 1h18'33" | V2M/ | As Tourlaville | 20 |
| 185 | DECAN Gaylord | 1h18'38" | SEM/ | | 65 |
| 186 | GUILBERT Joel | 1h18'46" | V2M/ | CISG Go Elan Running | 21 |
| 187 | FRANCOIS Valerie | 1h18'53" | V2F/ | | 3 |
| 188 | DIALLO Souleymane | 1h18'57" | SEM/ | | 66 |
| 189 | AUBERT Sebastien | 1h19'20" | V1M/ | Les petis suisses Normands | 56 |
| 190 | BUGHIN Julie | 1h19'23" | SEF/ | | 12 |
| 191 | SAINT Benoit | 1h19'26" | V1M/ | | 57 |
| 192 | GOUBERT Sandrine | 1h19'38" | SEF/ | | 13 |
| 193 | PONTUS Karine | 1h19'43" | V1F/ | | 14 |
| 194 | STEYER Claire | 1h19'52" | SEF/ | | 14 |
| 195 | ROUSSEL Ludovic | 1h20'00" | V1M/ | | 58 |
| 196 | FEREY Marin | 1h20'09" | V1M/ | | 59 |
| 197 | FEREY Marion | 1h20'13" | V1F/ | | 15 |
| 198 | AUSSEUR Serge | 1h20'19" | V3M/ | | 3 |
| 199 | BINET-CAYOT Marie-odile | 1h20'26" | V3F/ | Lc Bretteville Sur Odon | 3 |
| 200 | CLOUET Veronique | 1h20'30" | V2F/ | Lc Bretteville Sur Odon | 4 |
| 201 | LEHODEY Lucie | 1h20'34" | SEM/ | Running Cherbourg | 67 |
| 202 | FAUTRAT Louis | 1h20'45" | V3M/ | | 4 |
| 203 | MAUDUIT Dorothee | 1h20'46" | SEF/ | Amicale Bowling Cherbourg | 15 |
| 204 | MAHEUX Emile | 1h20'47" | V3M/ | | 5 |
| 205 | VIEL Rene | 1h21'04" | V2M/ | | 22 |
| 206 | BAUDRY Vincent | 1h21'21" | V2M/ | | 23 |
| 207 | JARDIN Fabrice | 1h21'27" | V2M/ | | 24 |
| 208 | TRUONG Marie | 1h21'34" | JUF/ | | 1 |
| 209 | DELPEUT Julien | 1h21'47" | SEM/ | | 68 |
| 210 | QUENTIER Maryline | 1h21'56" | SEF/ | | 16 |
| 211 | DUVALLET Claude | 1h22'11" | V3M/ | As La Haye-malherbe | 6 |
| 212 | SEMILLY LAGALLE Christine | 1h22'17" | V1F/ | Amicale Bowling Cherbourg | 16 |
| 213 | LECHEVALLIER Agathe | 1h22'24" | SEF/ | | 17 |
| 214 | LEPLANOIS Erika | 1h22'32" | SEF/ | | 18 |
| 215 | HIMEN Anthony | 1h22'52" | SEM/ | CE DCNS | 69 |
| 216 | BOURDON Adele | 1h23'03" | SEF/ | | 19 |
| 217 | GIBON Marie Annick | 1h23'04" | V1F/ | | 17 |
| 218 | MONTANGON Jean Jacques | 1h23'05" | V3M/ | ACC37 | 7 |

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|-----|-----------------------|----------|------|--------------------------------|----|
| 219 | BERTAULD Regis | 1h23'06" | V1M/ | | 60 |
| 220 | BERTAULD Clarisse | 1h23'20" | CAF/ | | 1 |
| 221 | LE CANU Nadege | 1h23'27" | V1F/ | | 18 |
| 222 | BIHEL Christophe | 1h23'28" | V1M/ | | 61 |
| 223 | LACOLLEY Philippe | 1h23'35" | V2M/ | | 25 |
| 224 | VIEL Deborah | 1h23'36" | SEF/ | | 20 |
| 225 | DOROL Saady | 1h23'40" | V3M/ | Evreux Ac * | 8 |
| 226 | LEJAMTEL Olivier | 1h23'45" | V1M/ | | 62 |
| 227 | FAUTRAT Lucie | 1h23'55" | V1F/ | | 19 |
| 228 | LOUIS Fabrice | 1h24'08" | V1M/ | | 63 |
| 229 | MARJO Christophe | 1h24'17" | SEM/ | La Tollevastaise :) | 70 |
| 230 | BETTON Eric | 1h24'21" | V2M/ | Union Et Concorde Bricquebetai | 26 |
| 231 | FIZE Nicole | 1h25'16" | V3F/ | | 4 |
| 232 | MOREAU Maryvonne | 1h25'17" | V3F/ | | 5 |
| 233 | BLANCHEMAIN Romain | 1h25'24" | SEM/ | | 71 |
| 234 | HAYS Nathalie | 1h25'26" | V1F/ | Lc Bretteville Sur Odon | 20 |
| 235 | BIHEL Cindy | 1h25'29" | SEF/ | | 21 |
| 236 | LEVEZIEL Alain | 1h26'01" | V2M/ | | 27 |
| 237 | LE ROI DUMAS Caroline | 1h26'29" | V1F/ | | 21 |
| 238 | LEMENAND Jean-noel | 1h26'33" | V1M/ | As Tourlaville | 64 |
| 239 | GRAVEL Christine | 1h26'35" | V2F/ | Evreux Ac * | 5 |
| 240 | PICHAVANT Isabelle | 1h26'37" | V2F/ | Evreux Ac * | 6 |
| 241 | PILLET Sophie | 1h26'45" | V1F/ | | 22 |
| 242 | VALOGNES Virginie | 1h26'46" | SEF/ | | 22 |
| 243 | HOUSSIN Emmanuel | 1h26'53" | SEM/ | Cact | 72 |
| 244 | LECOUTOUR Isabelle | 1h26'54" | V1F/ | Courir ensemble | 23 |
| 245 | FOUREY Samuel | 1h27'53" | V1M/ | Courir ensemble | 65 |
| 246 | LEVEZIEL Fanny | 1h28'02" | SEF/ | | 23 |
| 247 | VANNESTE Marcel | 1h28'05" | V4M/ | | 2 |
| 248 | LEMETAIS Yannick | 1h28'07" | V1M/ | | 66 |
| 249 | BESNARD Valerie | 1h28'08" | V2F/ | Running Cherbourg | 7 |
| 250 | CHARIER Liliane | 1h28'25" | V1F/ | | 24 |
| 251 | HUBERT Olivier | 1h28'26" | V2M/ | | 28 |
| 252 | THOREL Daniel | 1h28'32" | V4M/ | Les Agnelets | 3 |
| 253 | COROLLER Gaelle | 1h28'33" | SEF/ | | 24 |
| 254 | BIGUINE Carine | 1h28'47" | SEF/ | | 25 |
| 255 | LELANDAIS Joelle | 1h29'15" | V3F/ | | 6 |
| 256 | MOREL Gilbert | 1h29'17" | V3M/ | As Police | 9 |
| 257 | L ORPHELIN Maxime | 1h29'18" | SEM/ | | 73 |
| 258 | VOISIN Martine | 1h29'26" | V3F/ | | 7 |
| 259 | BONAMY Nathalie | 1h29'43" | SEF/ | | 26 |
| 260 | LEMETAIS Laetitia | 1h29'51" | SEF/ | | 27 |
| 261 | GUIOMAR Severine | 1h29'59" | V1F/ | | 25 |
| 262 | LECAM Estelle | 1h30'00" | V1F/ | | 26 |
| 263 | VASSELIN Fanny | 1h30'14" | SEF/ | | 28 |

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| 264 | CHIRON Charlotte | 1h30'27" | V1F/ | Cac - S/I Estuaire De La Dives Athle | 27 |
| 265 | AUSSEUR Eliane | 1h32'16" | V3F/ | | 8 |
| 266 | DENIS Manon | 1h32'16" | SEF/ | | 29 |
| 267 | LANGÉARD Stephanie | 1h34'54" | SEF/ | | 30 |
| 268 | DEMAUTIS Marie Claire | 1h35'24" | V2F/ | | 8 |
| 269 | TRAVERT Marie Fred | 1h35'35" | V2F/ | | 9 |
| 270 | DUMAS Valerie | 1h36'01" | V1F/ | | 28 |
| 271 | TENDRON Daphne | 1h36'03" | V2F/ | | 10 |
| 272 | ALLARD Stephane | 1h36'10" | V2M/ | | 29 |
| 273 | FENOT Virginie | 1h36'12" | V1F/ | Team baudry | 29 |
| 274 | MONDEJAR Brigitte | 1h36'57" | V1F/ | | 30 |
| 275 | FERRAND Beatrice | 1h37'27" | V2F/ | US Natixis | 11 |
| 276 | PONCE Celine | 1h48'58" | V1F/ | | 31 |
| 277 | LETHOREL Carine | 1h48'59" | 1974F/ | | 1 |
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Résultats individuels : 22 km

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|----|------------------------|----------|------|---|----|
| 1 | LOUTITT Jason | 1h27'22" | V1M/ | EOLIA Normandie | 1 |
| 2 | HINET Noel | 1h29'51" | V1M/ | Manche Acs - S/I Club Sportif Carentanais | 2 |
| 3 | TETLIN Fabien | 1h30'21" | SEM/ | Cambes en plaine SPORTS | 1 |
| 4 | ALVES Jose | 1h33'02" | V1M/ | Manche Acs - S/I Club Sportif Carentanais | 3 |
| 5 | BARBOT Pascal | 1h33'54" | V1M/ | Ac Avranches | 4 |
| 6 | LE BEC Gael | 1h34'02" | SEM/ | | 2 |
| 7 | SIARD Emeline | 1h34'45" | SEF/ | As Tourlaville | 1 |
| 8 | LAISNEY Vincent | 1h36'06" | SEM/ | CE DCNS | 3 |
| 9 | DUFEIL Jean Marie | 1h36'16" | SEM/ | | 4 |
| 10 | CAPELLE David | 1h37'31" | SEM/ | Granville Ac | 5 |
| 11 | EVARD Guillaume | 1h38'02" | SEM/ | DSO Cotentrail | 6 |
| 12 | HARUE Vincent | 1h40'06" | SEM/ | Team running conseil Cherbourg | 7 |
| 13 | COLIN Emmanuel | 1h40'28" | SEM/ | Granville Ac | 8 |
| 14 | HAUTEFEUILLE Alexandre | 1h40'32" | SEM/ | | 9 |
| 15 | MABIRE Eric | 1h40'36" | SEM/ | Jobbar Tocard | 10 |
| 16 | DUMAS Frederic | 1h40'40" | SEM/ | | 11 |
| 17 | CHAMPION Steven | 1h40'52" | SEM/ | | 12 |
| 18 | LIEOU Thanh | 1h41'10" | V2M/ | Eacq - S/I A. Cherbourg Marathon | 1 |
| 19 | LECHEVALLIER Franck | 1h41'48" | SEM/ | Usm Vire | 13 |
| 20 | DELAUNAY Jerome | 1h42'03" | V1M/ | Joggers du Couesnon | 5 |
| 21 | BONAMY Ludovic | 1h43'14" | SEM/ | | 14 |
| 22 | POLLET Christophe | 1h43'24" | SEM/ | | 15 |
| 23 | MORVAN Jerome | 1h43'51" | SEM/ | Cherbourg Triathlon | 16 |
| 24 | MABIRE Herve | 1h43'55" | SEM/ | Jobbar Tocard | 17 |
| 25 | LECORNU Pascal | 1h44'12" | V1M/ | | 6 |
| 26 | LEFEVRE Herve | 1h44'25" | V2M/ | | 2 |
| 27 | BARBETTE Anthony | 1h44'32" | SEM/ | Coutances Triathlon | 18 |
| 28 | LETESSIER Philippe | 1h45'22" | V2M/ | Granville Ac | 3 |
| 29 | ODYE Jeremie | 1h45'27" | SEM/ | Jogg'Hilaire | 19 |

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|----|----------------------|----------|------|---|----|
| 30 | LAROQUE Jean-yves | 1h45'37" | V1M/ | La Valognaise Athletisme | 7 |
| 31 | MARCAULT Caroline | 1h46'09" | SEF/ | Jogg'Hilaire | 2 |
| 32 | MOREL Benoit | 1h46'29" | V1M/ | Coten'trail | 8 |
| 33 | ROLLAND Patrice | 1h47'30" | V2M/ | | 4 |
| 34 | RENARD Florent | 1h47'37" | SEM/ | | 20 |
| 35 | COSTENTIN Emmanuel | 1h47'41" | SEM/ | Isigny Running | 21 |
| 36 | GIRET Frederic | 1h47'52" | V1M/ | | 9 |
| 37 | LAVASNINI Thomas | 1h48'34" | SEM/ | Coten'trail | 22 |
| 38 | LECANELLIER Clovis | 1h48'49" | ESM/ | | 1 |
| 39 | LE HEN Yannick | 1h48'54" | V2M/ | CE DCNS | 5 |
| 40 | LEBRETON Laurent | 1h49'27" | V1M/ | Granville Ac | 10 |
| 41 | DEYSINE Valentin | 1h49'41" | SEM/ | | 23 |
| 42 | LEFRANCOIS Florian | 1h50'03" | SEM/ | | 24 |
| 43 | BIHEL Tony | 1h50'18" | JUM/ | | 1 |
| 44 | LEMOUTON Margaux | 1h50'31" | SEF/ | Les Agnelets | 3 |
| 45 | TESSON Guillaume | 1h51'04" | V1M/ | CaP Conde | 11 |
| 46 | LECERF Pascal | 1h51'09" | V2M/ | | 6 |
| 47 | LERICHE Nicolas | 1h51'34" | SEM/ | | 25 |
| 48 | BREARD Tony | 1h51'51" | V1M/ | | 12 |
| 49 | DANICAN Amaury | 1h52'00" | ESM/ | | 2 |
| 50 | MARIE Dominique | 1h52'08" | V2M/ | As Tourlaville | 7 |
| 51 | MONTAIGNE Pascal | 1h52'42" | V3M/ | | 1 |
| 52 | TESSIER Patricia | 1h52'58" | V1F/ | | 1 |
| 53 | GROUCY Ludovic | 1h53'03" | V1M/ | Les Sympas | 13 |
| 54 | LEMERCIER Franck | 1h53'45" | V1M/ | EaC Triathlon | 14 |
| 55 | TRIVIDIC Yann | 1h53'45" | V1M/ | Cherbourg Triathlon | 15 |
| 56 | LARSONNEUR Jean | 1h54'19" | V2M/ | | 8 |
| 57 | ACHER Loic | 1h55'19" | V2M/ | | 9 |
| 58 | LETERRIER Patrick | 1h55'31" | V2M/ | Amicale Bowling Cherbourg | 10 |
| 59 | LEFEUVRE Christele | 1h55'46" | V1F/ | Courir c le pied | 2 |
| 60 | DUVERGER Stephane | 1h55'52" | V1M/ | Cherbourg Triathlon | 16 |
| 61 | LAURENT Mathieu | 1h55'56" | SEM/ | | 26 |
| 62 | LAYCEUM Jacky | 1h56'00" | V1M/ | | 17 |
| 63 | BERNINI Carl | 1h56'52" | V1M/ | Eamh - S/I Es Troarn Athletisme | 18 |
| 64 | BLEUSEZ Gaetan | 1h57'03" | SEM/ | DIELEN | 27 |
| 65 | ALIX Cedric | 1h57'15" | SEM/ | Surtainville team trail | 28 |
| 66 | PAULMIER Daniel | 1h58'01" | V2M/ | Eacq - S/I As Querqueville | 11 |
| 67 | GAULE Jean-francois | 1h58'22" | V2M/ | Manche Acs - S/I Club Sportif Carentanais | 12 |
| 68 | BIHEL Emmanuel | 1h58'57" | V1M/ | Granville Ac | 19 |
| 69 | LEPETIT Samuel | 1h59'36" | SEM/ | | 29 |
| 70 | LECARPENTIER Olivier | 1h59'52" | V2M/ | | 13 |
| 71 | GIOT David | 1h59'58" | V1M/ | Eacq - S/I As Cherbourg | 20 |
| 72 | TOQUET Nicolas | 2h00'10" | SEM/ | CE DCNS | 30 |
| 73 | CARPENTIER Benoit | 2h00'12" | SEM/ | | 31 |
| 74 | AMOSSE Eddy | 2h00'15" | SEM/ | | 32 |

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|-----|----------------------|----------|------|---------------------------------|----|
| 75 | IRIBARNE Julien | 2h00'15" | SEM/ | | 33 |
| 76 | THEOBALD Francois | 2h00'20" | SEM/ | | 34 |
| 77 | BEZIER Jerome | 2h00'32" | V1M/ | | 21 |
| 78 | SAVARY Gwendoline | 2h00'50" | V1F/ | Les Sympas | 3 |
| 79 | FEVRIER Thomas | 2h00'56" | SEM/ | | 35 |
| 80 | LEGRIFON Yannick | 2h01'33" | V1M/ | | 22 |
| 81 | DEGROULT Roland | 2h01'57" | V3M/ | | 2 |
| 82 | LECLER Denis | 2h02'27" | V2M/ | Granville Ac | 14 |
| 83 | LAGALLE Frederic | 2h02'31" | V1M/ | | 23 |
| 84 | DELPORTE Erwann | 2h02'54" | SEM/ | CE DCNS | 36 |
| 85 | DESPAINS Bruno | 2h02'58" | V1M/ | | 24 |
| 86 | CLAUS Yann | 2h03'07" | V1M/ | Eamh - S/I Es Troarn Athletisme | 25 |
| 87 | LE BER Christophe | 2h03'14" | V1M/ | Amicale M.A Cherbourg | 26 |
| 88 | DEGANNE Vincent | 2h03'16" | V1M/ | Coten'trail | 27 |
| 89 | LEMAGNEN Sabrina | 2h03'18" | SEF/ | DIELEN | 4 |
| 90 | GAMBUZAT Marie Laure | 2h03'31" | V1F/ | | 4 |
| 91 | NORMAND Anthony | 2h03'49" | V1M/ | Les Sympas | 28 |
| 92 | GARNIER Arnaud | 2h03'54" | V1M/ | Ca Lisieux | 29 |
| 93 | DODEMAND Michele | 2h04'13" | SEF/ | Jogging corpo Coutances | 5 |
| 94 | BIDAULT Vincent | 2h04'26" | SEM/ | | 37 |
| 95 | COQUELIN Brigitte | 2h04'35" | V2F/ | | 1 |
| 96 | MARIE Hub | 2h04'43" | V2M/ | IFS sympas leffe | 15 |
| 97 | BOURGET Jacky | 2h05'10" | V1M/ | Stade Saint-lo | 30 |
| 98 | DUBOST Francois | 2h05'39" | SEM/ | | 38 |
| 99 | LHONNEUR Laurent | 2h05'40" | V1F/ | | 5 |
| 100 | BOISGONTIER Aurelien | 2h05'45" | SEM/ | | 39 |
| 101 | BAUDE Christophe | 2h05'51" | V1M/ | | 31 |
| 102 | MAGDELEINE Jimmy | 2h05'54" | SEM/ | | 40 |
| 103 | FERNANDEZ Daniel | 2h06'10" | SEM/ | | 41 |
| 104 | CHAUSSE Helena | 2h06'17" | SEF/ | | 6 |
| 105 | FERON Sebastien | 2h06'18" | V1M/ | Trails du Pays St Lois | 32 |
| 106 | LECENE Jerome | 2h06'23" | SEM/ | | 42 |
| 107 | BREDEL Michel | 2h06'42" | V2M/ | | 16 |
| 108 | DRIEU Sylvain | 2h06'56" | V1M/ | | 33 |
| 109 | MORISSET Denis | 2h07'10" | V2M/ | | 17 |
| 110 | DUBOIS Jean | 2h07'12" | V2M/ | Virking Raid | 18 |
| 111 | GUILLEMETTE Eric | 2h07'13" | V2M/ | Usm Vire | 19 |
| 112 | GAUTIER Herve | 2h07'28" | V2M/ | Stade Athletique Bayeusain | 20 |
| 113 | GARDIE Mathilde | 2h07'37" | SEF/ | EDAC | 7 |
| 114 | COTREZ Cecile | 2h07'53" | V1F/ | | 6 |
| 115 | BABIN Frederic | 2h08'09" | V2M/ | O Training | 21 |
| 116 | MOREAU Didier | 2h08'15" | V3M/ | | 3 |
| 117 | SIMON Patrick | 2h08'18" | V1M/ | | 34 |
| 118 | LEMAZURIER David | 2h08'30" | V1M/ | | 35 |
| 119 | DUPONT Lucas | 2h08'35" | SEM/ | | 43 |

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|-----|-----------------------|----------|------|---|----|
| 120 | LANGLOIS Olivier | 2h08'39" | V1M/ | Caen Athletic Club* | 36 |
| 121 | BAUDRY Marc | 2h08'41" | V2M/ | Manche Acs - S/I Club Sportif Carentanais | 22 |
| 122 | PICOT Armand | 2h08'43" | SEM/ | | 44 |
| 123 | LECOEUR Noel | 2h08'45" | V2M/ | CSLG BN St Lo | 23 |
| 124 | LOISELET Philippe | 2h09'06" | V1M/ | | 37 |
| 125 | JOUAN Damien | 2h09'10" | SEM/ | C. D'athletisme Conde-torigni | 45 |
| 126 | BREHIER Etienne | 2h09'14" | V2M/ | Granville Ac | 24 |
| 127 | LEMOIGNE Gerard | 2h09'17" | V3M/ | Jogging corpo Coutances | 4 |
| 128 | CAMUS Jmc | 2h09'22" | V2M/ | Art Normandie | 25 |
| 129 | STARTELET Stephane | 2h09'31" | V1M/ | | 38 |
| 130 | LAMY Vincent | 2h09'55" | SEM/ | | 46 |
| 131 | ALLAIN Anthony | 2h10'22" | SEM/ | RCCH | 47 |
| 132 | GIQUEAU Thierry | 2h10'38" | V1M/ | Courbevoie triathlon | 39 |
| 133 | GESRET Lucien | 2h11'05" | V3M/ | AsCEE | 5 |
| 134 | LEMERDY Antoine | 2h11'15" | ESM/ | | 3 |
| 135 | FEUILLU Pierre | 2h11'15" | V1M/ | | 40 |
| 136 | LEPRESLE Alain | 2h11'18" | V3M/ | | 6 |
| 137 | EUSTACE Sebastien | 2h11'28" | V1M/ | | 41 |
| 138 | LEMAZURIER Yann | 2h11'35" | V1M/ | | 42 |
| 139 | BUSSON Marjolaine | 2h12'09" | SEF/ | | 8 |
| 140 | GRUBER Michel | 2h12'25" | V2M/ | Cac - S/I Estuaire De La Dives Athle | 26 |
| 141 | LERETEUX Jean Maurice | 2h12'31" | SEM/ | | 48 |
| 142 | BERNARD Francois | 2h12'37" | SEM/ | | 49 |
| 143 | BLONDEL Laurent | 2h12'49" | V2M/ | Esm Gonfreville L'orcher | 27 |
| 144 | LEMAITRE Pierre | 2h13'05" | V3M/ | Les Sympas | 7 |
| 145 | NOBIS Michel | 2h13'08" | V2M/ | Granville Ac | 28 |
| 146 | LECONTE Jean Michel | 2h13'11" | V1M/ | | 43 |
| 147 | MARIE Jimmy | 2h13'12" | SEM/ | Usm Vire | 50 |
| 148 | DOUAT Jean Francois | 2h13'21" | V3M/ | Cherbourg Triathlon | 8 |
| 149 | MORVAN Celine | 2h13'21" | SEF/ | Cherbourg Triathlon | 9 |
| 150 | LANGLOIS Laurent | 2h13'22" | V1M/ | Les Sympas | 44 |
| 151 | LAMOTTE Benoit | 2h14'12" | SEM/ | | 51 |
| 152 | VEILLARD Anne | 2h14'13" | V1F/ | Eacq - S/I A. Cherbourg Marathon | 7 |
| 153 | MAHAUT Regis | 2h14'14" | V2M/ | Art'S | 29 |
| 154 | LESCALIER Cedric | 2h14'16" | SEM/ | Les Sympas | 52 |
| 155 | RAUYER Frederic | 2h14'19" | SEM/ | | 53 |
| 156 | LEDUC Julie | 2h14'33" | V1F/ | | 8 |
| 157 | LEPRINCE Nicolas | 2h14'35" | V1M/ | Union Et Concorde Bricquebetai | 45 |
| 158 | FEREY Jean Francois | 2h14'42" | V1M/ | | 46 |
| 159 | LE MARIE Rose Noelle | 2h14'42" | V1F/ | Courir c le pied | 9 |
| 160 | LEHARIVEL Yann | 2h14'51" | SEM/ | Club Canoe Kayak Carentan | 54 |
| 161 | FENOT Fabrice | 2h14'58" | SEM/ | Amicale Bowling Cherbourg | 55 |
| 162 | VIEL Frederic | 2h15'29" | V1M/ | | 47 |
| 163 | LAURENT Daniele | 2h15'39" | V2F/ | Eamh - S/I U.s.o Mondeville | 2 |
| 164 | GODEFROY Nicolas | 2h15'41" | SEM/ | | 56 |

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|-----|-----------------------|----------|------|--------------------------------------|----|
| 165 | NICOLAS Ronan | 2h15'47" | SEM/ | | 57 |
| 166 | PROVOST Regis | 2h16'06" | V1M/ | | 48 |
| 167 | MARRE Ludovic | 2h16'21" | V1M/ | CE DCNS | 49 |
| 168 | LEPARQUOIS Henri | 2h16'44" | V3M/ | | 9 |
| 169 | MARIE Nicolas | 2h16'52" | SEM/ | | 58 |
| 170 | DE GERY Frederic | 2h17'04" | V2M/ | | 30 |
| 171 | LESEIGNEUR Clara | 2h17'11" | V1F/ | | 10 |
| 172 | FORESTIER Arnaud | 2h17'13" | V1M/ | | 50 |
| 173 | BULGARELLI Enzo | 2h17'17" | SEM/ | | 59 |
| 174 | COUTEY Jacques | 2h17'18" | V3M/ | Jogging corpo Coutances | 10 |
| 175 | AMEL Jean Michel | 2h17'18" | V2M/ | | 31 |
| 176 | ROUXEL Emmanuel | 2h17'28" | V1M/ | Coten'trail | 51 |
| 177 | PREVEL Richard | 2h17'35" | V1M/ | | 52 |
| 178 | COURVAL Francois | 2h17'42" | V1M/ | Courir ensemble | 53 |
| 179 | HOSTINGUE Jerome | 2h17'48" | V1M/ | | 54 |
| 180 | THOMAS Viviane | 2h17'48" | V2F/ | Courir c le pied | 3 |
| 181 | CORCESSIN Philippe | 2h17'55" | V2M/ | | 32 |
| 182 | MORIN Isabelle | 2h17'58" | V1F/ | CE DCNS | 11 |
| 183 | SAUSSEY Jean Philippe | 2h18'01" | V1M/ | | 55 |
| 184 | PIERRE Sylvain | 2h18'08" | V1M/ | | 56 |
| 185 | THOMAS Jean Pierre | 2h18'18" | V1M/ | Coten'trail | 57 |
| 186 | MERLE DES ISLES Gael | 2h18'18" | V1M/ | Coten'trail | 58 |
| 187 | DELEPINE Etienne | 2h18'18" | V1M/ | Eacq - S/I As Cherbourg | 59 |
| 188 | LEVALLOIS Alexandre | 2h18'39" | SEM/ | | 60 |
| 189 | LEBRUN Daniel | 2h18'45" | V3M/ | Art Normandie | 11 |
| 190 | HOUDUSSE Sophie | 2h18'58" | V2F/ | | 4 |
| 191 | HOUDUSSE Philippe | 2h19'00" | V2M/ | | 33 |
| 192 | LE TOUTEN Loic | 2h19'04" | V1M/ | | 60 |
| 193 | LAFAYE Marc | 2h19'04" | V2M/ | | 34 |
| 194 | LAFAYE Baptiste | 2h19'07" | SEM/ | A2H Helleville Heauville | 61 |
| 195 | OPDEBEER Eric | 2h19'37" | V2M/ | Couir ensemble | 35 |
| 196 | LECARDONNEL Valentin | 2h19'57" | SEM/ | Union Et Concorde Bricquebetai | 62 |
| 197 | GULLAUME Samuel | 2h20'09" | SEM/ | | 63 |
| 198 | COLETTE Tony | 2h20'10" | SEM/ | | 64 |
| 199 | JULIA Marie Pierre | 2h20'43" | V1F/ | | 12 |
| 200 | ANIS Stephane | 2h21'31" | V2M/ | Les Sympas | 36 |
| 201 | MARTINE Jean Francois | 2h21'32" | V1M/ | | 61 |
| 202 | BREBION Roger | 2h21'32" | V2M/ | | 37 |
| 203 | LEBEURRIER Benoit | 2h21'39" | SEM/ | | 65 |
| 204 | GUILLOUET Franck | 2h21'40" | V1M/ | | 62 |
| 205 | FAUVEL Pascal | 2h21'42" | V2M/ | Cac - S/I Estuaire De La Dives Athle | 38 |
| 206 | GONTIER Thomas | 2h21'51" | SEM/ | | 66 |
| 207 | HEBERT Gregoire | 2h21'54" | SEM/ | | 67 |
| 208 | ERNIS Christophe | 2h22'05" | V1M/ | | 63 |
| 209 | LEROY William | 2h22'06" | V1M/ | | 64 |

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|-----|--------------------------|----------|------|--------------------------------|----|
| 210 | PICOT Guillaume | 2h22'25" | V1M/ | | 65 |
| 211 | LOUP Nicolas | 2h22'33" | SEM/ | | 68 |
| 212 | BURNOUF Luc | 2h23'06" | V3M/ | | 12 |
| 213 | LECONTE Francoise | 2h23'07" | V3F/ | Courir ensemble cote des isles | 1 |
| 214 | LEBRETON Noelle | 2h23'08" | V1F/ | Joggers du Couesnon | 13 |
| 215 | LESOIF Joel | 2h23'18" | V2M/ | AC Granville les pirates | 39 |
| 216 | LEFRANC Patrick | 2h23'26" | V1M/ | AsL Herouville | 66 |
| 217 | RENOUF Serge | 2h23'39" | V2M/ | | 40 |
| 218 | JABET DUFOUR Anne Claire | 2h24'42" | SEF/ | | 10 |
| 219 | POSTAIRE Benoit | 2h24'50" | V1M/ | Amicale Bowling Cherbourg | 67 |
| 220 | JOUENNE Christophe | 2h25'04" | V1M/ | | 68 |
| 221 | ANQUETIL Thomas | 2h25'26" | SEM/ | | 69 |
| 222 | LESCROEL Christophe | 2h25'48" | V1M/ | CE DCNS | 69 |
| 223 | DAMECOURT Evelyne | 2h25'52" | V3F/ | | 2 |
| 224 | BABONEAU Pascal | 2h25'54" | V2M/ | Club sport Gendarmerie CAEN | 41 |
| 225 | BEGASSE Sophie | 2h26'05" | V1F/ | Joggers du Couesnon | 14 |
| 226 | OLIVIER Jean Claude | 2h26'20" | V2M/ | | 42 |
| 227 | OLIVIER Fabien | 2h26'37" | SEM/ | | 70 |
| 228 | HERPE Regis | 2h26'51" | V1M/ | | 70 |
| 229 | MORVAN Stephane | 2h27'21" | SEM/ | | 71 |
| 230 | GARNIER Christianne | 2h27'35" | V3F/ | | 3 |
| 231 | LESEIGNEUR Didier | 2h27'38" | V2M/ | | 43 |
| 232 | DESMOULINS Antoine | 2h28'26" | V1M/ | | 71 |
| 233 | LECONTE Bruno | 2h28'43" | V1M/ | | 72 |
| 234 | GIRAUDOU Laurent | 2h28'46" | V1M/ | | 73 |
| 235 | REVITA Joselito | 2h28'47" | V2M/ | | 44 |
| 236 | BOTTIN Bruno | 2h28'52" | SEM/ | | 72 |
| 237 | LEVALLET Christophe | 2h28'58" | SEM/ | | 73 |
| 238 | RABASSE Eric | 2h29'03" | V2M/ | Courir c le pied | 45 |
| 239 | LEGRAND Nicolas | 2h29'32" | SEM/ | | 74 |
| 240 | LEVY Alexandre | 2h29'54" | SEM/ | | 75 |
| 241 | VANHERZEEKE Gaelle | 2h30'14" | SEF/ | | 11 |
| 242 | VOISIN Sandrine | 2h31'09" | V1F/ | Ca Lisieux | 15 |
| 243 | DUNN Matthew | 2h31'34" | SEM/ | Teignbridge trotters | 76 |
| 244 | LEMOIGNE Andre | 2h32'34" | V3M/ | Jogging corpo Coutances | 13 |
| 245 | BRARD Remy | 2h32'37" | V2M/ | Joggers du Couesnon | 46 |
| 246 | DUNN David | 2h34'25" | V3M/ | Teignbridge trotters | 14 |
| 247 | FERRAND Marc | 2h35'11" | V2M/ | US Natixis | 47 |
| 248 | LEQUERTIER Olivier | 2h35'13" | V1M/ | | 74 |
| 249 | BERNARD Julien | 2h35'14" | SEM/ | Judo club police Cherbourg | 77 |
| 250 | GALLAIS Karine | 2h35'33" | V1F/ | Val-de-reuil Ac * | 16 |
| 251 | GALOPET Etienne | 2h35'34" | V1M/ | | 75 |
| 252 | BUARD Damien | 2h35'47" | SEM/ | | 78 |
| 253 | GELINEAU Fabrice | 2h36'09" | V1M/ | | 76 |
| 254 | BRARD Michele | 2h36'14" | V2F/ | Joggers du Couesnon | 5 |

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|-----|--------------------|----------|------|---|----|
| 255 | LAURENT Xavier | 2h36'35" | V1M/ | | 77 |
| 256 | LEDOUX Romain | 2h38'05" | SEM/ | | 79 |
| 257 | LEVEAU Stanislas | 2h38'39" | SEM/ | | 80 |
| 258 | CHAIGNE Didier | 2h39'30" | V1M/ | | 78 |
| 259 | TRAVERS Paul | 2h41'10" | JUM/ | | 2 |
| 260 | MARIE Regis | 2h42'03" | V1M/ | Manche Acs - S/I Club Sportif Carentanais | 79 |
| 261 | COSTES Bruno | 2h42'03" | V2M/ | | 48 |
| 262 | LANDRON Cedric | 2h47'16" | V1M/ | | 80 |
| 263 | LELONG Vanessa | 2h47'37" | SEF/ | | 12 |
| 264 | FORTIER Celine | 2h50'32" | SEF/ | AsLH | 13 |
| 265 | PHILIPPE Lionel | 2h51'00" | V1M/ | | 81 |
| 266 | SAIZ Nathalie | 2h51'41" | V1F/ | | 17 |
| 267 | GOSSWILLER Carole | 2h51'42" | V2F/ | | 6 |
| 268 | HAIRIE Mathilde | 2h51'54" | SEF/ | Co Savigny Sur Orge | 14 |
| 269 | GODIN Jacques | 3h01'12" | V1M/ | Eacq - S/I As Querqueville | 82 |
| 270 | BRACONNIER Dimitri | 3h02'59" | SEM/ | | 81 |
| 271 | LEBRAY Delphine | 3h03'03" | V1F/ | | 18 |
| 272 | FLAMBARD Luc | 3h03'20" | V2M/ | VLP Athlétisme | 49 |
| 273 | ANGUE Guillaume | 3h03'56" | V1M/ | CaP CM-CIC | 83 |
| 274 | DEGANNE Jacky | 3h05'22" | V3M/ | Eacq - S/I A. Cherbourg Marathon | 15 |
| 275 | LEPAPE Paula | 3h07'01" | V1F/ | Courir c le pied a St Gregoire | 19 |
| 276 | DUQUÉ Olivier | 3h08'52" | V1M/ | | 84 |
| | | | | | |

Résultats individuels : 6 km

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|----|-----------------------|--------|------|-------------------------------|----|
| 1 | LECURU Thibault | 24'37" | SEM/ | CE DCNS | 1 |
| 2 | FLAMBART Sylvain | 24'59" | SEM/ | Eacq - S/I As Querqueville | 2 |
| 3 | LANGLOIS Leo | 25'12" | JUM/ | Manche Acs - S/I Ba Coutances | 1 |
| 4 | LE NY Arnaud | 26'48" | V1M/ | | 1 |
| 5 | LEMAITRE Jeremy | 27'50" | SEM/ | | 3 |
| 6 | CUQUEMELLE Gabin | 28'08" | SEM/ | La Valognaise Athletisme | 4 |
| 7 | BARBIER Jeremy | 28'22" | SEM/ | C. D'athletisme Conde-torigni | 5 |
| 8 | LARONCHE Yann | 28'27" | V1M/ | Eacq - S/I As Querqueville | 2 |
| 9 | DESAUNETTE Jean Eudes | 28'53" | SEM/ | | 6 |
| 10 | DESHAYES Aurelien | 29'11" | CAM/ | La Valognaise Athletisme | 1 |
| 11 | LANGLOIS Valentin | 29'25" | CAM/ | Manche Acs - S/I Ba Coutances | 2 |
| 12 | ORANGE Jean Francois | 29'47" | SEM/ | | 7 |
| 13 | LEFEUVRE Valentin | 30'50" | SEM/ | Coliservice | 8 |
| 14 | DALEBROUX Pierre | 30'56" | CAM/ | Fleurus | 3 |
| 15 | MEICHE Laurent | 32'00" | V1M/ | Es Falaisienne | 3 |
| 16 | COTTEBRUNE Valentin | 32'17" | SEM/ | | 9 |
| 17 | LEMONNIER Bertrand | 32'33" | V1M/ | Amicale M.A Cherbourg | 4 |
| 18 | JUSSIEN Marin | 32'59" | SEM/ | | 10 |
| 19 | MAUNOURY Mathilde | 33'03" | SEF/ | La Valognaise Athletisme | 1 |
| 20 | COSNEFROY Bouchra | 33'26" | V1F/ | Eamh - S/I U.s.o Mondeville | 1 |
| 21 | MABILLE Claire | 33'55" | SEF/ | | 2 |

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|----|-----------------------|--------|--------|---|----|
| 22 | MESNIL Colas | 34'12" | SEM/ | | 11 |
| 23 | BREHIER Anne-laure | 34'19" | SEF/ | C. D'athletisme Conde-torigni | 3 |
| 24 | LEBAS Antoine | 34'20" | CAM/ | | 4 |
| 25 | LAJOYE Nathalie | 34'32" | V1F/ | Eacq - S/I As Querqueville | 2 |
| 26 | STELL Adrian | 36'36" | SEM/ | European health insurance hard | 12 |
| 27 | HAUER Jerome | 36'56" | SEM/ | | 13 |
| 28 | VIVIER Julie | 37'07" | SEF/ | Top West | 4 |
| 29 | LEVEEL Valerie | 37'36" | V2F/ | Manche Acs - S/I Club Sportif Carentanais | 1 |
| 30 | FLAUST Alexandre | 38'26" | JUM/ | | 2 |
| 31 | LESAULNIER Dany | 38'26" | V3M/ | | 1 |
| 32 | BABIN Guillaume | 39'40" | ESM/ | | 1 |
| 33 | AFFRAY Nathalie | 39'40" | SEF/ | | 5 |
| 34 | REMILLY Serge | 39'47" | V3M/ | | 2 |
| 35 | LUBIN Pauline | 39'57" | SEF/ | | 6 |
| 36 | FLAUST Michel | 40'12" | V1M/ | | 5 |
| 37 | MORISSET Anne Sophie | 40'17" | SEF/ | | 7 |
| 38 | ALLEN Rosamund | 40'27" | SEF/ | European health insurance hard | 8 |
| 39 | TOLLEMER Eloise | 40'37" | JUF/ | | 1 |
| 40 | GABRIELLE Anne-sophie | 41'02" | SEF/ | La Valognaise Athletisme | 9 |
| 41 | LECONTE Severine | 41'10" | SEF/ | | 10 |
| 42 | LAIR Emilie | 41'23" | SEF/ | | 11 |
| 43 | MARGUERIE Pierre | 42'29" | 1980M/ | | 1 |
| 44 | CATHERINE Renee | 42'38" | V2F/ | | 2 |
| 45 | CATHERINE Lucie | 42'40" | SEF/ | | 12 |
| 46 | LE NY Louis | 43'01" | V4M/ | | 1 |
| 47 | BALL Nathalie | 43'25" | SEF/ | | 13 |
| 48 | VIEL Laurence | 43'41" | V1F/ | | 3 |
| 49 | RUEL Emmanuelle | 43'50" | V1F/ | | 4 |
| 50 | RUEL Stanislas | 43'52" | V1M/ | | 6 |
| 51 | MARIN Gwendoline | 43'53" | V1F/ | | 5 |
| 52 | LEGRET Sophie | 44'29" | V1F/ | | 6 |
| 53 | QUENTIN Valerie | 45'10" | V2F/ | | 3 |
| 54 | LE NY-CHOLLET Anne | 45'18" | V1F/ | | 7 |
| 55 | LE NY Gaelle | 45'19" | V1F/ | | 8 |
| 56 | AMANDA Laura | 45'52" | SEF/ | | 14 |
| 57 | AMANDA Marie Helene | 45'53" | V2F/ | | 4 |
| 58 | LEBOURGEOIS Lea | 46'20" | CAF/ | | 1 |
| 59 | DERRIEN Julie | 46'21" | JUF/ | | 2 |
| 60 | MALOCHET Xavier | 46'27" | V1M/ | | 7 |
| 61 | LEGRAND Severine | 46'56" | V1F/ | CE DCNS | 9 |
| 62 | BINET Guillaume | 47'26" | SEM/ | | 14 |
| 63 | LEPRESLE Betty | 47'47" | SEF/ | | 15 |
| 64 | BREGARD Johan | 47'48" | SEM/ | kitianteam | 15 |
| 65 | LAYSNEY Amandine | 48'14" | MIF/ | | 1 |
| 66 | BONAMU Fanny | 48'15" | SEF/ | | 16 |

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|----|-----------------------|----------|------|----------------------------|----|
| 67 | GARDIE Virginie | 48'27" | SEF/ | | 17 |
| 68 | LHONNEUR Catherine | 48'44" | V1F/ | | 10 |
| 69 | MOULARD Sylvie | 48'45" | V1F/ | | 11 |
| 70 | LOUIS Laure | 49'57" | SEF/ | | 18 |
| 71 | LEMERCIER Sandrine | 50'23" | V1F/ | | 12 |
| 72 | MICHELOT Marie Albane | 50'26" | SEF/ | | 19 |
| 73 | JOUCLARD Alexandre | 50'30" | V1M/ | | 8 |
| 74 | BABIN Corinne | 51'17" | V2F/ | O Training | 5 |
| 75 | OFFE Virginie | 52'06" | SEF/ | | 20 |
| 76 | NEE Sandrine | 52'07" | SEF/ | La Tollevastaise :) | 21 |
| 77 | MESNIL Zoe | 53'29" | V1F/ | | 13 |
| 78 | MONTIGNY Sabrina | 53'33" | SEF/ | Athletisme Marais Carentan | 22 |
| 79 | SIMON Julie | 53'38" | SEF/ | | 23 |
| 80 | MAHIER Jordane | 53'39" | SEF/ | | 24 |
| 81 | ROCHARD Sophie | 53'46" | V1F/ | | 14 |
| 82 | LEBOUTEILLER Myriam | 53'48" | SEF/ | CE DCNS | 25 |
| 83 | RICHARD Audrey | 1h01'46" | SEF/ | | 26 |
| 84 | DUBOSPERTUS Pauline | 1h08'06" | SEF/ | | 27 |